

8175 Regents Road San Diego, CA 92122 858-552-1612

Www.sandiego.gov

Doyle Recreation Center



EFFECTIVE SEPTEMBER 1, 2016 THROUGH NOVOMBER 30, 2016 CLASS REGISTRATION BEGINS AUGUST 20, 2016 AT 10:00 A.M.

RECREATION CENTER INFORMATION

HOURS OF OPERATION

Monday 9:00 a.m. - 9:00 p.m.
Tuesday 9:00 a.m. - 9:00 p.m.
Wednesday 9:00 a.m. - 9:00 p.m.
Thursday 9:00 a.m. - 9:00 p.m.
Friday 1:00 p.m. - 7:00 p.m.
Saturday 9:00 a.m. - 3:00 p.m.
Sunday CLOSED

Sunday CLOSED

Hours are subject to change without prior notice

CLASS REGISTRATION HOURS

Monday 11:00 a.m. - 6:00 p.m. Tuesday 11:00 a.m. - 6:00 p.m. Wednesday 11:00 a.m. - 6:00 p.m. Thursday 11:00 a.m. - 6:00 p.m. Friday: 2:00 p.m. - 6:00 p.m.

Registrations are not taken on Saturday, except for the first day of registration.

RECREATION CENTER CLOSURES

September 5, 2016 Labor Day November 11, 2016 Veteran's Day November 24, 2016 Thanksgiving

CONTACT INFORMATION

Doyle Recreation Center	(858) 552-1612
Nobel Recreation Center	(858) 552-1626
Standley Recreation Center	(858) 552-1652
Swanson Pool	(858) 552-1653
UC Library	(858) 552-1655
SAY Afterschool main office	(858) 565-4148
SAY Afterschool—Doyle	(858) 458-1882
Therapeutic Services	(619) 525-8247
Mesa Soccer	(858) 558-6372
UC Little League	(858) 646-9595
Co-Ed Men's Softball	(858) 453-6208
City Adult Softball	(619) 584-4263

*The City of San Diego neither sponsors nor endorses this information, leagues, activities, or organizations.

Distribution of this material is provided by the city as a community service. Any questions or comments should be directed to the sponsoring agency, permit holder, or instructor.

ALL CITY OF SAN DIEGO PARKS AND BEACHES ARE SMOKE FREE.



PARK STAFF

Johnny Chou Area Manager II
Salome Martinez Recreation Center Director III
Cody Greco Assistant Recreation Center Director

Sandon Steidley Recreation Leader I Alexandria Wilson Recreation Leader I Ricardo Yataco Recreation Leader I

Vincent Culverson Grounds Maintenance Worker II
Antonio Yslava Grounds Maintenance Worker II
Bryan Hernandez Grounds Maintenance Worker II
Derek Olson Grounds Maintenance Worker II

RECREATION COUNCIL

This council is a body of concerned citizens who volunteer their time to advise City staff on park and recreation matters. The Doyle Recreation Council meets on the fourth Tuesday of each month at 6:30 p.m. at the Doyle Recreation Center. All area groups and clubs using area facilities are encouraged to have a representative on the council and attend meetings regularly. Meetings are open to the public and membership is welcome. More information is available from the Center Director at (858) 552–1601.

INDIVIDUALS WITH SPECIAL NEEDS

All classes can accommodate persons with special needs. Therapeutic Recreation Services staff will provide additional assistance along with Doyle Recreation Center staff. For further information, please inquire at the center office or contact Therapeutic Services at (619) 525-8247.

DONATIONS

By donating to our park system, you can help the Park and Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program, please call Deputy Director Kathy Ruiz at (619)325–1130.

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information or visit http://www.sandiego.gov/volunteer-program/ or contact the Volunteer Office at (619)533-4017.

PERMIT REQUESTS

Parties and other rentals are available at the park. Permits are available by appointment only. Please call the Center Director at (858)552-1612 to check availability and schedule an appointment.

RECREATION CENTER INFORMATION

REGISTRATION INFORMATION

Registration Begins: Saturday, Aug 20, 2016 at 10:00 am

- A parent or legal guardian can register participants under the age of 18 years only.
- In-house and online registration are available.
- Payment methods for registration are exact cash, credit card or check payable to Doyle Park.
- A credit card payment is required for all online registrations. All major credit cards are accepted.
- All participants must present proof of payment to the instructor on the first day of class.
- A \$25.00 fee will be charged for all returned checks.
- No registration can be taken or refunds issued after the second class meeting, except for the Tiny Tots class. Tiny Tots refunds will not be issued after the first week of class. Dates and times of the Tiny Tots registration are located on page 4.
- Early registration is recommended because classes can fill up or be cancelled due to lack of enrollment
- All fees must be paid in full prior to attending the first class.
- Classes not meeting the minimum number of students may be cancelled.

PROCESSING FEES WILL APPLY

All Customers will be charged a \$2.00 transaction fee for all online registration and reservation transactions. Additionally, a 3% credit card fee will be applied when a credit card is used to process payment. Rates are established by the service provider and are nonrefundable.

Registration/Reservation Transaction and Credit Card Fees

A Transaction Fee and a Credit Card Fee is charged to customers who use credit cards (or other electronic payment mechanism) for registration and reservations. Rates are established by the service provider and are nonrefundable. Current rates are listed below:

Fee DescriptionPrevious FeeApproved FeeTransaction FeeN/A\$2.00/transactionCredit Card FeeN/A3% of Total Charge

PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGION, CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS, & AIDS-RELATED COMPLEX.) IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK & RECREATION DEPARTMENT CONTACT THE DISTRICT MANAGER AT (619) 235-1132 OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST

REFUND POLICY

If a class is canceled for any reason, participants will be notified by email and will receive a full refund. Refund checks will be issued and mailed to the address on the family account.

A **\$10 service fee** will be charged per registrant for each refund request. Refunds are processed within 10 business days of request. All approved requests will be paid via check. This includes credit card transactions. A Refund Request Form (available at the Recreation Center) and the registration receipt must be submitted at least 48 business hours prior to the second scheduled class meeting.

Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If a parent or child is unhappy, or the participant does not participate after the refund deadline, a refund or transfer cannot be processed.

ONLINE REGISTRATION INFORMATION

You may register online for all contractual programs offered by the Recreation Council using the Online Activity Registration System. **Log onto:** www.SDRecConnect.com

Returning Customers – Click the "My Account" button. Enter your Login (email) and password.

First-time Online User?

New Accounts – click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to active account.

*Please Note: (For first time users only) Parents/Guardian must create their own account first using their own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.

If you need help, please click the FAQs (Frequently Asked Questions) button for information.

CONTRACTUAL VS RENTAL PROGRAM:

Requirements for Independent Contractors:

- All contractors, sub-contractors and volunteers must be finger-printed through the City of San Diego Live Scan Process.
- Contractors must submit a business license and proof of insurance
- City staff handles all registration for the program
- Contractors must provide Worker's compensation coverage for all their employees

Requirements for Permit Holders/Rental Programs:

- Must provide proof of insurance
- Must provide own advertisement for program
- Handles all registration for their programs
- Rental programs are NOT required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.

All Permit Holders are identified with an *asterisk in this program guide.

YOUTH ACTIVITIES

TINY TOTS

This class offers young children the opportunity to socialize, learn and have fun in a safe environment. A school setting and daily activities prepare each child for Kindergarten curriculum. Activities include language, handwriting, math, crafts, music, games, outdoor play, and more! Participants should bring a lunch and a small snack daily. A large glue stick and box of wipes/tissues are needed on the first day. This is a drop off program and is not a parent participation class. This program is limited to 24 children.

REQUIREMENTS: Children must be <u>Fully potty-trained</u>. Date of birth verification and immunization record are required for all students.

Days: Monday through Thursday Times: 9:00 a.m. to 1:50 p.m.

Age: 3 to 5 years (Child must be Fully Potty Trained)

Cost: \$550.00 per child per session

Session #1: September 12 - October 13 #28810 Session #2: October 17 - November 11 #28811 Session #3: November 23 - December 15 #28812

(No Class on 11/24)

Juliette Suleiman Instructor:

INTERNET REGISTRATION IS NOT AVAILABLE FOR THIS CLASS

For more information or to check availability, please contact Juliette Suleiman at (858) 231-8231.

USA KYOKUSHIN KARATE ACADEMY

This style of karate is perfect for youth. Serious training in self defense helps participants improve their physical fitness, their attitudes and their lives. Class is offered 1 day per week or 2 days per week. All classes are taught by Sensei Adam Sevedin.

Kyokushin Karate: 13 and up

Thursday 7:15 - 8:30 p.m.

Cost:

1 day a week

Time: Tuesday 6:15 - 7:30 p.m.

2 days a week \$125.00 / 5 weeks

\$80.00 / 5 weeks

<u>Little Warriors: 4 - 7 years</u> Young Warriors: 8 - 13 years **Time:** 4:00 - 4:45 p.m. **Time:** 4:45 - 5:45 p.m.

Tuesday and/or Thursday **Day:** Tuesday and/or Thursday Day:

Cost: Cost:

\$65.00 / 5 weeks 1 day a week

1 day a week \$75.00 / 5 weeks 2 days a week \$100.00 / 5 weeks 2 days a week \$115.00 / 5 weeks

Session #1: **Little Warriors Young Warriors Kyokushin Karate** Tuesday only 9/20/16 - 10/18/16 #28813 #28816 #29992

Thursday only 9/22/16 - 10/20/16#28814 #28819 #29993 Tuesday and Thursday 9/20/16 - 10/20/16 #28815 #28820 #29994

Kyokushin Karate **Little Warriors** Session #2: **Young Warriors**

Tuesday only #28821 10/25/16 - 11/29/16 #28826 #30003 Thursday only 10/27/16 - 12/1/16 #28824 #28827 #30004 Tuesday and Thursday 10/25/16 - 12/1/16 #29838 #28828 #30007

No classes over Thanksqiving Break 11/22 & 11/24

Register online at <u>www.SDRECCONNECT.com</u>

For more information, please contact Sensei Adam Sevedin at (858) 610-2908

YOUTH ACTIVITIES

CHILD AND BABYSITTER SAFETY CLASS

Child and Babysitter Safety class is a community education program that covers child safety and basic care for infants and children. Topics covered include: sitter safety, infant and child feeding, diapering procedures, recognizing an emergency, child and infant CPR, and basic first aid for children. Participants receive a booklet and starter first aid kit, and a Babysitter certificate from the American Health and Safety Institute upon completion. Class is 4 hours long for 11 year olds and up. Class is conducted by Sue Lockhart of Lockhart Training who has been training babysitters in San Diego for 20 years.

Age: 11 to 17 years

Day: Saturday October 29, 2016 #28978

Time: 9:30 a.m. - 1:30 p.m.
Cost: \$60 per person
Sue Lockhart

To Register at www.sdrecconnect.com

For more information, contact Sue at 858-344-0475.

Internet: www.lockhart-training.com Email: Sue@lockhart-training.com

YOUTH BASKETBALL CLINICS

This class is designed to give children a great opportunity to learn the game of basketball. Beginners will be taught basic fundamentals and personal skills while intermediate players will be taught the dynamic skills necessary to improve their performance

in competitive games.

Day: Friday

Session #1: September 30 – October 21
Session #2: November 4 – December 2
(No Class on November 11)

Cost: \$20 per session (4 weeks)
Instructors: Doyle Recreation Center Staff

Levels/Ages:Times:Session 1Session 2Beginner 5-7 years3:30 - 4:30 p.m.#28830#28833Beginner 8-12 years4:30 - 5:30 p.m.#28831#28834

Minimum Enrollment: 5 Maximum Enrollment: 20

For more information, call Doyle Staff at 858-552-1612

KIDZ LOVE SOCCER

Kidz Love Soccer classes focus on helping kids develop their large motor skills, socialization and good sportsmanship through skill demonstrations and fun, age-appropriate games. They build self-esteem while developing core soccer skills like dribbling, passing and shooting.

A typical session experience includes age appropriate activities: skill demonstrations, fun games and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. All participants receive a Kidz Love Soccer Jersey!

Kidz Love Soccer... "Where the score is always Fun to Fun!"

Date: Monday

Session #1: September 19 - October 17

Session #2: November 7 - December 12 (no class 11/21)

Cost: \$73.00 / 5 weeks

SOCCER 1 Ages: 5-7yrs Time: 2:30-3:15 pm

Session #1: **#28878** Session #2: **#28879**

TOT/PRE SOCCER Ages: 3 1/2-5yrs Time: 3:15-3:50 pm Session #1: #28882 Session #2: #28883

MOMMY/DADDY & ME Ages: 2-3 1/2 Time: 4:00-4:30 pm Session 1: #28876 Session 2: #28877

Requirements: Shin guards are required for all classes expect Mommy/Daddy & Me.

For more information, email <u>info@kidzlovesoccer.com</u> or call 858-277-9542.

FLAG FOOTBALL

The youth flag football program is designed to develop and enhance players' fundamental skills on passing, catching and defensive ability in a friendly and team oriented environment. The program is for children ages 8 to 12 years, and teams are divided into age divisions. All players will be playing a minimum of 10 plays or downs per game. Qualified teams will get a chance to participate in the City Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season.

Season runs: September 10, 2016 to December 17, 2016

(Dates are subject to change without notice)

Divisions:

10 & Under 8-10 years #28835 12 & Under 11-12 years #28836

Cost: \$75 (All Divisions)

Location: Games will be hosted at Doyle Recreation

Center. However, game location and times

are subject to change

Games/Practice information: Games will be held on Saturdays with practices being held at least 1 to 2 times a week. Practices days will be dependent on coaches availability.

VOLUNTEER COACHES NEEDED!!!
Please contact Cody Greco at (858) 552-1612 if interested.

YOUTH ACTIVITIES

KIDZ KAMP AFTERSCHOOL CARE

Kidz Kamp is an independently run program through the City of San Diego and Doyle Park Recreation Council. Many of the staff, and volunteers, past and present, attended camp or had friends or family who attended as young children. Kidz Kamp prides itself on instilling kids with positive values, promoting good health, exercise and respect for others. The high standard it holds its participants and staff to has helped make it one of the best after school programs in the San Diego area. Kidz Kamp is an afterschool childcare program for students who attend Doyle Elementary. Kidz Kamp staff picks up children from Doyle Elementary when school is dismissed. Children are brought to the Doyle Recreation Center where they are occupied with constructive activities aimed at a successful future.

Requirement: All participants must be enrolled at Doyle Elementary to be eligible for this program.

New Participant: A registration packet must be completed and turned into the Kidz Kamp staff prior to the first day of attendance. Please email Grant at kidzkamp92122@gmail.com to obtain a copy of the registration packet.

Day: Monday - Friday Time: Afterschool to 6:00 p.m.

Cost: Rates my vary from week to week. Please see calendar below for rates.

Late Fees: A late fee of \$5.00 per daily or \$10.00 per weekly will be applied to all registrations

that occur after registration has closed online or in person.

Aug. 29 - Sept. 2 \$105/Week

WEEK #1

For more information, Contact Kidz Kamp Director via email: Kidzkamp92122@gmail.com or by Phone (858) 452-3866

#29260

WEEK #1	Aug. 29 - Sept. 2	\$105/Week	#29260
Monday	Aug. 29	\$23.00/Day	#29322
Tuesday	Aug. 30	\$23.00/Day	#29335
Wednesday	Aug. 31	\$33.00/Day	#29350
Thursday	Sept. 1	\$23.00/Day	#29376
Friday	Sept. 2	\$23.00/Day	#29390
WEEK #2	Sept. 6 - 9	\$90/4 DAYS	#29261
Monday	Sept. 5	CLOSED FOR LA	BOR DAY
Tuesday	Sept. 6	\$23.00/Day	#29323
Wednesday	Sept. 7	\$33.00/Day	#29364
Thursday	Sept. 8	\$23.00/Day	#29377
Friday	Sept. 9	\$23.00/Day	#29398
WEEK #3	Sept. 12 - 16	\$105/Week	#29263
Monday	Sept. 12	\$23.00/Day	#29324
Tuesday	Sept. 13	\$23.00/Day	#29336
Wednesday	Sept. 14	\$33.00/Day	#29365
Thursday	Sept. 15	\$23.00/Day	#29378
Friday	Sept. 16	\$23.00/Day	#29393
WEEK #4	Sept. 19 - 23	\$105/Week	#29265
Monday	Sept. 19	\$23.00/Day	#29325
Tuesday	Sept. 20	\$23.00/Day	#29337
Wednesday	Sept. 21	\$33.00/Day	#29366
Thursday	Sept. 22	\$23.00/Day	#29433
Friday	Sept. 23	\$23.00/Day	#29394
WEEK #5	Sept. 26 - 30	\$105/Week	#29266
Monday	Sept. 26	\$23.00/Day	#29326
Tuesday	Sept. 27	\$23.00/Day	#29338
Wednesday	Sept. 28	\$33.00/Day	#29367
Thursday	Sept. 29	\$23.00/Day	#29379
Friday	Sept. 30	\$23.00/Day	#29395
WEEK #6	Oct. 3 - 7	\$105/Week	#29267
Monday	Oct. 3	\$23.00/Day	#29327
Tuesday	Oct. 4	\$23.00/Day	#29339
Wednesday	Oct. 5	\$33.00/Day	#29368
Thursday	Oct. 6	\$23.00/Day	#29380
Friday	Oct. 7	\$23.00/Day	#29396
WEEK #7	Oct. 10 - 14	\$105/Week	#29268
Monday	Oct. 10	\$23.00/Day	#29328
Tuesday	Oct. 11	\$23.00/Day	#29340
Wednesday	Oct. 12	\$33.00/Day	#29369
Thursday	Oct. 13	\$23.00/Day	#29434
Friday	Oct. 14	\$23.00/Day	#29400

1 10100
The rates are
subject to
change without
notice to
accommodate
the week of
Parent Teacher
Conferences.
Please see Kidz
Kamp Director
for more
information.

Please Note:

WEEK #8	Oct. 17 - 21	\$105/Week	#29269
Monday	Oct. 17	\$23.00/Day	#29329
Tuesday	Oct. 18	\$23.00/Day	#29341
Wednesday	Oct. 19	\$33.00/Day	#29370
Thursday	Oct. 20	\$23.00/Day	#29381
<u>Friday</u>	Oct. 21	\$23.00/Day	#29402
WEEK #9	Oct. 24 - 28	\$105/Week	#29270
Monday	Oct. 24	\$23.00/Day	#29330
Tuesday	Oct. 25	\$23.00/Day	#29435
Wednesday	Oct. 26	\$33.00/Day	#29374
Thursday	Oct. 27	\$23.00/Day	#29382
<u>Friday</u>	Oct. 28	\$23.00/Day	#29403
WEEK#10	Oct. 31 - Nov 4	\$105/Week	#29271
Monday	Oct. 31	\$23.00/Day	#29331
Tuesday	Nov. 1	\$23.00/Day	#29342
Wednesday	Nov. 2	\$33.00/Day	#29371
Thursday	Nov. 3	\$23.00/Day	#29383
<u>Friday</u>	Nov. 4	\$23.00/Day	#29404
WEEK #11	Nov. 7 - 10	\$90/4 DAYS	#29272
Monday	Nov. 7	\$23.00/Day	#29332
Tuesday	Nov. 8	\$23.00/Day	#29343
Wednesday	Nov. 9	\$33.00/Day	#29436
Thursday	Nov. 10	\$23.00/Day	#29384
Friday	Nov. 11	CLOSED FOR VETE	RANS DAY
WEEK #12	Nov. 14 - 18	\$105/Week	#29273
Monday	Nov. 14	\$23.00/Day	#29437
Tuesday	Nov. 15	\$23.00/Day	#29344
Wednesday	Nov. 16	\$33.00/Day	#29372
Thursday	Nov. 17	\$23.00/Day	#29385
Friday	Nov. 18	\$23.00/Day	#29406
WEEK #13	Nov. 21 - 23	\$120/3 DAYS	#29274
Monday	Nov. 21	\$50.00/Day	#29333
Tuesday	Nov. 22	\$50.00/Day	#29345
Wednesday	Nov. 23	\$50.00/Day	#29375
Thursday	Nov. 24	CLOSED FOR THAN	IKSGIVING
<u>Friday</u>	Nov. 25	CLOSED FOR THAN	<u>IKSGIVING</u>
WEEK #14	Nov. 28 - Dec. 2	\$105/Week	#29275
Monday	Nov. 28	\$23.00/Day	#29334
Tuesday	Nov. 29	\$23.00/Day	#29346
Wednesday	Nov. 30	\$33.00/Day	#29373
Thursday	Dec. 1	\$23.00/Day	#29386
<u>Friday</u>	Dec. 2	\$23.00/Day	#29407

YOUTH PROGRAMS

DANCE TO EVOLVE

YOU & me Movement and Music Class: Age: 14 months to 2 years Day/Time: Thursday 9:30 - 10:15 a.m.

Come and spend a magical time with your toddler while they learn to dance to music and develop their motor and listening skills in a fun creative environment. On our special 'music days,' boys and girls will also get to play with fun instruments. This is a parent / toddler interactive dance class. (Caregivers and little siblings welcome.)

Tiny Movers Tap Dancing/Ballet Class:

Ages: 3 to young 4 years

Day/Time: Thursday 10:20 - 11:15 a.m.

A combination dance class of tap and ballet with tumbling and dance games for kids. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality and rhythm to reach class goals in fun creative ways. This is the first 'big girls and boys' class as parents watch from outside of the room.

Beat Breakers Hip Hop:

Ages: 4 to 7 years

Day/Time: Monday 3:00 - 3:55 p.m.

Calling all boys and girls for this fun high-energy hip hop dance class that enables boys to be boys and girls to let loose. Dancers develop musicality, creativity, listening skills and co<mark>ordinatio</mark>n. This non-stop, action-packed class includes hip hop, basic break dancing, and dance games that will have your kid movin' to the beats! All music and moves are age appropriate.

Hip Hop Kid's Dance Class:

Ages: 8 to 12 years

Day/Time: Monday 4:00 - 4:55 p.m.

This exciting and fast paced dance class will leave your kid feeling fresh! Don't be intimidated... great for boys and girls who want to be challenged, learn various styles of hip hop, push creativity, and boost confidence. All music and moves are age appropriate in this fun and open hip hop dance class for boys and girls.

Beat Breakers Hip Hop You & Me TINY MOVERS Hip Hop **Kid's Dance** Movement/Music **Tap Dancing** Fall Session 5wk: 9/19 - 10/20 #29532 #29535 #29538 #29541 Cost: \$85.00/5 weeks

Fall Session 7wk: 10/24 - 12/14

#29533 #29536 #29539 #29542

Cost: \$118.00/7 weeks

Fall Semester 12wk: 9/19 - 12/14 #29534 #29537 Cost: \$184.00/12 weeks (10% Discount) (No Classes over thanksgiving break 11/21 to 11/25)

#29543 #29540

Register online at www.SDRECCONNECT.com

www.dancetoevolve.com

Want to try the class first?

RSVP for the free week of

classes. Limited Spaces!

September 12th & 15th

For more information or to schedule a trail class, contact Dance to EvOLvE at www.dancetoevolve.com or (858) 876-5327.

FAMILY ACTIVITI

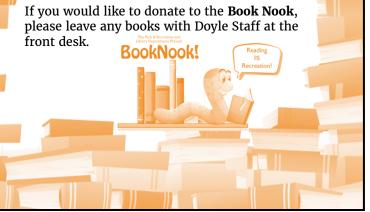
BOOK NOOK

Reading is Recreation!

BOOK NOOK is a "take a book, leave a book" gathering place where you can share your favorite literature and stories.

If you really like a book, you can keep it and donate a different book to share.

If you are looking for something new to read, the Book Nook is the perfect place for children and adults.



Friday, October 28, 2016 2:30 p.m. at Doyle Fields

Join us for our annual Halloween Carnival at Doyle Recreation Center. Activities include arts & crafts, games, an airbrush artist, music, and a costume parade.

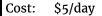


ADULT ACTIVITIES

WEIGHT ROOM

Participants must be 18 years or older.

Shirt and closed toed shoes must be worn.



\$10/month \$40/6 months \$60/1 year



Weight room access is sold by the calendar month only. No prorated monthly fees are offered.

WEIGHT ROOM HOURS:

Monday: 9:00 a.m. - 8:45 p.m.
Tuesday: 9:00 a.m. - 8:45 p.m.
Wednesday: 9:00 a.m. - 8:45 p.m.
Thursday: 9:00 a.m. - 8:45 p.m.
Friday: 12:00 p.m. - 6:15 p.m.
Saturday: 9:00 a.m. - 2:15 p.m.

Sunday: CLOSED

Hours are subject to change without notice.

OPEN PLAY

OPEN GYM

Gymnasium is open to the public for scheduled activities. The calendar of scheduled activities is posted in the lobby:

BADMINTON







TABLE TENNIS

Game Room is open to the public for Table Tennis when the room is not in use. Please see staff for available times.



BRIDGE CLUB

New participants are welcome to join the fun and play bridge with some new friends at this on-going drop-in program.

Day: Thursday

Time: 9:30 a.m. - 1:00 p.m.



CARDIO DANCE & SCULPT

Getting Fit at Doyle Park!

Enjoy a great workout with choreographed dance routines using a variety of dance styles such as jazz, Latin, hip hop, kickboxing, funk and disco designed for all levels. This program includes core strengthening and muscle toning exercises followed by relaxing stretches for a complete body

workout.

Day/Time: Thursday 5:45 - 7:00 p.m.

Session 1: Sept 22 - Oct 20 #28874 Session 2: Oct 27 - Dec 1 #28875

(No Class on 11/24/16)

Cost: \$50.00 per 5 week session Instructor: Darla Bergen, ACE Certified

For more information, please contact Darla at darlabergen@gmail.com or call (760)840-0937



\$10 Drop in rate

also available

(Fee doesn't include

processing fees)

FREE CLASSES

DRAWING AND PAINTING*

Participants can be the artist they never thought they could be, the instructor will help! All art mediums are explored from pastels to oils in this fun class for adults.

Day: Wednesday

Time: 1:30 - 5:00 p.m.

Instructor: Rochelle Bradford, (858) 453-7613

Session: Classes are ongoing

IMPROVING HEALTH THROUGH RHYTHMIC MOVEMENT*

With the inclusion of international music, this class helps improve joint health, balance, coordination and promotes healthy living.

Day: Tuesday

Time: Beginning 9:00 - 10:30 a.m.

Intermediate 10:30 a.m. - 12:00 p.m.

Instructor: Martha Awdziewicz Session: Classes are ongoing

Offered by S.D. Community College (619) 221-6973

These classes are offered as a convenience by San Diego Community College Continuing Education's Emeritus/Older Adult program. Please contact them directly for more information.